

# EASTER IN POLAND



40 days before Easter there is **Lent** (**Wielki Post**). It starts on **Ash Wednesday** (**Środa Popielcowa**). Then we go to church and priest put ash on our heads.

One week before Easter we celebrate **Palm Sunday** (**Niedziela Palmowa**).

On Palm Sunday we go to church and we take palm branches in memory of Jesus Christ's entering to Jerusalem.



**On Maundy Thursday (Wielki Czwartek) it is the beginning of Easter Triduum (Triduum Paschalne).**

On that day there is a special mass. Then the priest blesses the Chrism. This mass ends Lent. Children also prepare coloured eggs for the next day.



On **Holy Friday (Wielki Piątek)** we don't eat meat. It is very solemn day and no one is allowed to eat meat. On the next day **Holy Saturday (Wielka Sobota)** the Christians prepare baskets full of coloured eggs, sausage, ham, bread and cakes and go to the church to get the food blessed.

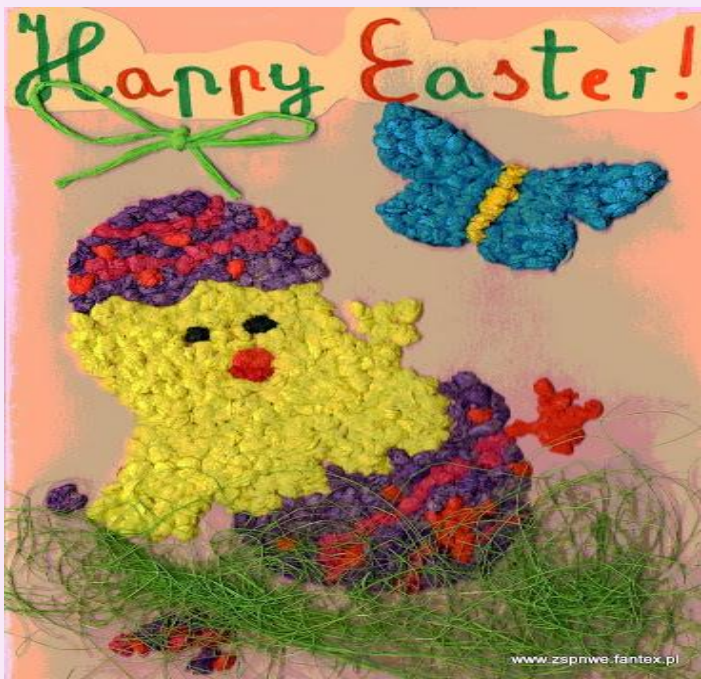


**Holy Sunday (Wielkanoc)**  
we celebrate the Christ  
Resurrection. We have a  
huge breakfast. We  
eat eggs and other food  
blessed.

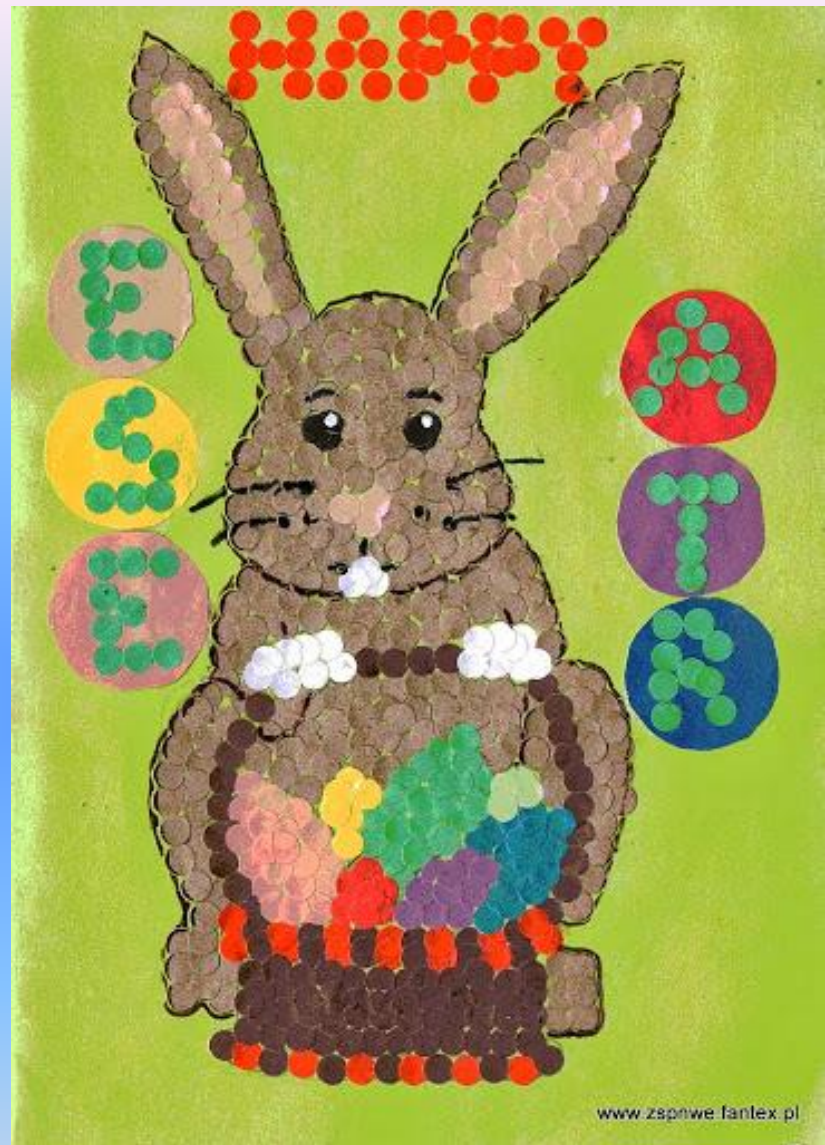
Boys splash girls with water  
and everyone is wet. Children like  
this day the most.

**On Easter Monday (Lany Poniedziałek)**  
we have Dyngus Day (Śmingus Dyngus).





It is also popular in Poland sending Easter cards. Children with pleasure make their own Easter cards and then send them to their family and friends.



And this is Easter song performed by our student.  
I hope you will enjoy 😊



Wesołych Świąt

**HAPPY EASTER!**

